# NSLP Afterschool Snack Program (ASP) In a Nutshell

- Organized, structured, and supervised environment with educational or enrichment activities must be provided.
- Reimbursable snack should be served every day the educational or enrichments program is offered.
- Snack must be served after the school day has ended.

### Reimbursement rates

- <u>Area Eligible ASP</u> (greater than 50% free and reduced eligible students): each snack is claimed at the free reimbursement rate.
- Non-area Eligible ASP (less than 50% free and reduced eligible students): each snack is claimed free, reduced, or paid based on the student's classification.

## **Onsite Monitoring**

• Required twice per school year (once during the first four weeks of the program plus one additional time during the program year).

#### **Meal Pattern**

- Age groups: 1-2 years, 3-5 years, 6-12 years, 13-18 years.
- Larger portions recommended for children 13-18 years based on greater food energy requirements.
- Offer versus serve does **not** apply in the ASP.
- Only one of the two components may be a beverage.
- Water must be available.
- All snacks MUST include two full components from those listed in the table on the second page (choices may be offered within the component).
- Components must meet the minimum serving size requirement for the age group being served to be claimed.



## Components

	Information	Ages 1-5	Ages 6-18
Fruit/ Vegetable	<ul> <li>May be a fruit and/or vegetable combination</li> <li>Pasteurized, 100% full-strength juice may be used</li> <li>Juice may not be served when milk is the only other component</li> </ul>	• ½ cup	• ¾ cup
Grain	<ul> <li>Breakfast cereals must contain no more than 6 grams of sugar per dry ounce</li> <li>Refer to Exhibit A¹ to credit grains</li> <li>Whole grain-rich, enriched, or fortified ready-to-eat cereal (dry, cold)</li> <li>Whole grain-rich or enriched grain products</li> </ul>	<ul> <li>1/8 cup granola</li> <li>1/4 cup whole grain-rich, enriched or fortified cooked breakfast cereal, cereal grain, and/or pasta.</li> <li>1/2 cup flakes or rounds</li> <li>3/4 cup puffed cereal</li> <li>1/2 slice of bread</li> <li>1/2 serving biscuit, roll, or muffin</li> </ul>	<ul> <li>¼ cup granola</li> <li>½ cup whole grain-rich, enriched or fortified cooked breakfast cereal, cereal grain, and/or pasta.</li> <li>1 cup flakes or rounds</li> <li>1 ¼ cup puffed cereal</li> <li>1 slice of bread</li> <li>1 serving biscuit, roll, or muffin</li> </ul>
Meat/ Meat Alternate	<ul> <li>All ages may be offered ½ of one large egg per serving</li> <li>Alternative protein products must meet the requirements in Appendix A to Part 226<sup>2</sup></li> <li>Yogurt must contain no more than 23 grams of total sugar per 6 ounce serving</li> </ul>	<ul> <li>½ ounce lean meat, poultry, fish, or cheese</li> <li>½ ounce tofu, soy product, or alterative protein products</li> <li>½ ounce peanuts, soy nuts, tree nuts, or seeds</li> <li>½ cup cooked dry beans or peas</li> <li>¼ cup or 2 ounces yogurt, plain or flavored, unsweetened or sweetened</li> <li>1 tablespoon peanut butter or soy nut butter or other nut or seed butters</li> </ul>	<ul> <li>1 ounce lean meat, poultry, fish, or cheese</li> <li>1 ounce tofu, soy product, or alterative protein products</li> <li>1 ounce peanuts, soy nuts, tree nuts, or seeds</li> <li>½ cup cooked dry beans or peas</li> <li>½ cup or 4 ounces yogurt, plain or flavored, unsweetened or sweetened</li> <li>2 tablespoons peanut, soy, other nut or seed butters</li> </ul>
Fluid Milk	Variety not required	4 fl. oz.  Ages 1-2: whole (unflavored) Ages 3-5: low-fat or fat-free (unflavored)	8 fl. oz.  Low-fat or fat-free (flavored or unflavored)

For Afterschool Snack Program resources, including a Production Record template, Point of Service Record, and Onsite Monitoring Form, visit the <u>Afterschool Snack Program webpage</u><sup>3</sup>

 $<sup>^1\,</sup>https://dpi.wi.gov/sites/default/files/imce/school-nutrition/pdf/exhibit-a.pdf$ 

<sup>&</sup>lt;sup>2</sup> https://www.law.cornell.edu/cfr/text/7/appendix-A\_to\_part\_226

<sup>&</sup>lt;sup>3</sup> https://dpi.wi.gov/school-nutrition/programs/afterschool-snack